

## HEALTHY RELATIONSHIPS

In collaboration with Planned Parenthood of Southern New England and DDS Self Advocate Coordinators; the Healthy Relationship Series will be held in the West Region. The Relationship series is a 6 session course on making, developing and having relationships. Consumers need to plan to participate in all 6 sessions. The first session of the series will include an overview of the material to be covered. Support staff need to plan on attending and participate in the first session. This will assist everyone in knowing what to expect in the series.

The WR Relationship Series will be held at Ella Grasso Center, 300 Armory Rd. Stratford, CT from 4:30pm to 7:30pm Mondays and Wednesdays.



Monday 11/2/2015 Wednesday 11/4/2015 Monday 11/9/2015 Monday 11/16/2015 Wednesday 11/18/2015 Monday 11/23/2015



Sign Up Early

TO REGISTER: PLEASE COMPLETE THE ATTACHED APPLICATION

- IT IS REQUIRED TO PARTICIPATE IN THE SERIES. SEND TO SANDI GEER

SANDI.GEER @CT.GOV OR FAX TO: 860-920-3057

BY OCT 30TH 2015 CONTACT PHONE # 203-509-4783

Only 25 participants per region

COME JOIN U.S!

Each session will have a potluck. Participants will be asked to bring a healthy dish to share.